

Sanatana Dharma

The Spiritual Path of One Billion People

Sanatana Dharma (commonly known as Hinduism) is by far the most ancient continuously practiced spiritual path on earth.

The Sanskrit words “Sanatana Dharma” mean “The Eternal Natural Way”.

Sanatana Dharma is a spiritual tradition that is open to all people, regardless of race, ethnicity, gender, or nationality.

The heart of Sanatana Dharma consists of compassion, tolerance, simplicity, humility, and service to all living beings.

Yoga, meditation, vegetarianism, natural health, environmentalism, and peace all find their origin in Sanatana Dharma.

You are warmly invited and welcome to explore the profound depths of spiritual experience that Sanatana Dharma has to offer you.

For more information on the tradition of Sanatana Dharma, visit us on the web at:

www.dharmacentral.com

Brought to you by the:
International Sanatana Dharma Society